ASURIS
NORTHWEST HEALTH

DENTAL PLANS

A lifetime of healthy smiles begins with good oral health—and a good dental plan

A good dental plan can save you money and help ensure a healthy mouth. Even if you brush and floss daily, you can still develop dental issues or have emergencies that are not covered by your health insurance. Your dentist can catch dental and other health issues before they become painful, more serious or expensive.
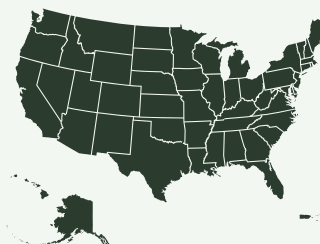
The mouth-body health connection

Keeping your mouth healthy has a big impact on your overall health, especially if you've been diagnosed with certain medical conditions. Regular dental checkups protect more than just your teeth and gums. Preventive dental care helps reduce your chance of developing gum disease, which has been linked to several chronic conditions, including diabetes, heart disease and stroke.

What's included in your coverage

- Preventive services, including two cleanings and exams, at no out-of-pocket cost to you when you see a provider in our network
- Comprehensive services like fillings and crowns
- Additional dental cleanings if you have an eligible medical condition
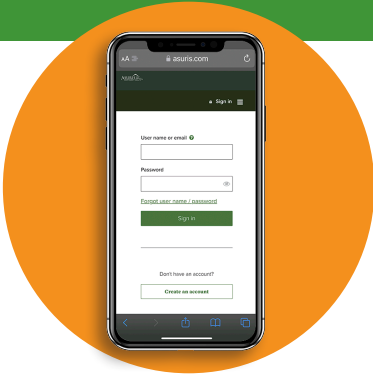
See a provider in your network

Providers who join our network agree to reduced fees for our members, which saves you money. While your plan allows you to see any dental provider for services, you'll keep your out-of-pocket costs lower by getting care from a dentist in our network. Our networks in both Washington and nationwide continue to expand.

Nearly **100,000** Dentists Nationwide

Nearly **4,000** Dentists in Washington

Learn more about your dental benefits

You can find information about your dental coverage, including your Dental Benefit booklet, at **asuris.com** or the Asuris app. If you need additional assistance, you can contact us by calling the number on the back of your member ID card.

Make an appointment today

Keep your smile and body healthier by being proactive with your dental care. To find a provider in your network, sign in to **asuris.com** or the Asuris app and select Find Care.