



## Bellevue, WA

Adult Addiction and  
Mental Health Services



**Empowering recovery  
and well-being for all.**



Hazelden Betty Ford  
Foundation

# Welcome to Hazelden Betty Ford.

We are dedicated to helping you reclaim your life by providing an optimal level of clinical care and recovery support to help you get well and stay well. Our treatment services integrate the latest research and evidence-based practices, always leading with the respect and compassion that have set our care apart for decades.

Based on a comprehensive assessment, our care team develops an individualized treatment plan to meet the unique needs of each patient. The plan integrates our core addiction treatment components with specialized services as needed to provide the right level of support, structure and resources at every point of the recovery journey.

## Levels of Care

- Day Treatment/Partial Hospitalization Program
- Intensive outpatient program
- Low-intensity outpatient program
- Outpatient mental health services

## Core Addiction Treatment

- Group therapy
- Individual therapy
- Educational sessions
- Medication-assisted treatment\*
- Mental health services
- Special-focus groups
- Twelve Step fellowship
- Skill-building workshops
- Family services

## Specialty Care

- DUI Deferred Prosecution Program
- Specialized IOP programming for those who have experienced trauma

## Recovery Management and Support

- Coaching and support for patients
- Coaching and support for families
- Web access to personalized recovery resources
- Mobile apps
- Online recovery communities
- Alumni meetings and events

## Other Services

- Family and children's programs
- Risk Reduction Education Program
- Virtual Services



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1231 116th Ave. NE, Suite 410  
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## REACH OUT TODAY. WE'RE HERE FOR YOU.

Call us today at **800-257-7800** for a free, confidential consultation and to check your insurance benefit coverage, or visit [HazeldenBettyFord.org/Bellevue](https://www.HazeldenBettyFord.org/Bellevue) to learn more.

\*Medication-assisted treatment for opioid dependence with naltrexone and buprenorphine/naloxone is supported by scientific research and recommended by the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration, the National Institute on Drug Abuse, Washington Circle and the U.S. Department of Veterans Affairs.