
Clinical Practice Guideline

Guidelines for the Diagnosis and Treatment of Asthma in Children, Adolescents, and Adults

Revised / Effective: November 2024

Next Review: October 2026

RECOMMENDATION SUMMARY

The health plan supports the recommendations of the Department of Veterans Affairs and Department of Defense (VA/DoD) for management of asthma in children, adolescents, and adults.

REFERENCE

Department of Veterans Affairs and Department of Defense Clinical Practice Guideline. *Clinical Practice Guideline for the Primary Care Management of Asthma*. Version 3.0 – 2019.

Available at:

<https://www.healthquality.va.gov/guidelines/CD/asthma/VADoDAsthmaCPGFinal121019.pdf>

POSITION STATEMENT

The VA/DoD guidelines are supported by the health plan because they are based on scientific evidence, and where evidence is lacking, on expert panel consensus judgment. The guideline reflects the current standard of care.

- The panel members are recognized experts practicing in a variety of professional settings.
- Recommendations are based on a well-defined, comprehensive scientific literature search.
- Methods used to select appropriate evidence are well defined.
- The methods used to critically appraise the evidence supporting guideline recommendations are transparent.
- The guidelines clearly state the strength of the evidence on which recommendations are based.

- Financial disclosures/potential conflicts of interest for panel members are addressed in the guideline.
- Development of this report was entirely funded by the VA/DoD.

PLAN RESOURCES

Some members of the health plan may be eligible for participation in the asthma disease management program. Please check benefits for eligibility. In addition, asthma educational materials are included on the health plan's website.

GUIDELINE ADOPTION AND RECOMMENDED USE

This guideline has been adopted based on nationally and locally recognized sources. This guideline is based on the most recent medical evidence at the time of the report or on a consensus of panel experts. The health plan adopts guidelines to help practitioners and members make decisions about appropriate health care for specific conditions. Guidelines are not a substitute for professional medical advice.

BENEFIT DETERMINATION

Benefit determinations should be based in all cases on the applicable contract coverage. To the extent that there are any conflicts between these guidelines and the contract language, the contract language takes precedence.

Date of Origin: April 1998