



Preventive oral care can help us maintain a healthy mouth—and body. That's why we offer your employees the essential dental coverage they want at the best possible price. Our flexible dental plan options will help them stay healthy and within budget.

A better standard of care

Regence dental plans offer rich benefits, access to a large network of dentists nationwide, affordable coinsurance on basic and major services and no out-of-pocket expenses for in-network preventive services.

Regence ExpressionsSM

Employees enjoy comprehensive coverage with limited out-of-pocket costs.

Regence Expressions RewardsSM

This Expressions plan offers rewards for proactive dental care when services don't exceed the annual maximum benefit, an additional benefit of \$250 may be rewarded the following year.

Regence Expressions and Expressions Rewards ValueCareSM

These plans pair Expressions and Expressions Rewards coverage with our ValueCare network. Employees pay less out of pocket when they use the ValueCare network.

More options, more value

Voluntary

Voluntary (employee-paid) plans allow you to offer your employees access to comprehensive dental benefits at little to no cost to your business.

Dual Option (for groups of 51+)

You can provide your employees with multiple options—they can choose a plan that best fits their needs and budget. We'll work with you to customize the offerings.

Standalone (for groups of 10+)

Our standalone option allows you to choose a dental plan independent of a medical plan.

Dental plans

Expressions and Expressions ValueCare

Annual deductible ¹ /maximum options	
The family deductible is three times the individual amount. Expressions Rewards: When services incurred are less than the annual maximum, an additional benefit of \$250 may be rewarded the following year, not to exceed the total reward maximum.	\$25/\$1,000 \$50/\$1,000 \$25/\$1,250 \$50/\$1,250 \$25/\$1,500 \$50/\$1,500 \$25/\$2,000 \$50/\$2,000

Covered services			
Preventive and diagnostic services	In network	Out of network	
Cleanings 2 per calendar year (in lieu of periodontal maintenance)		Groups 1-50: Member pays 0% or 20%²	
Preventive oral exams 2 per calendar year			
Sealants Bicuspids and molars only for those under 18 years of age			
Space maintainers For those under 12 years of age	Member pays nothing		
Topical fluoride application 2 applications per calendar year for those under 18 years of age		Groups 51+:	
X-rays and bitewings 1 set, twice per calendar year		Member pays 0%, 10% or 20% ²	
Panoramic and full-mouth Once every 3 years			
Basic and restorative services			
Debridement Once every 3 years		Groups 1-50: Member pays 20% or 40%² Groups 51+: Member pays 20%, 30% or 40%²	
Emergency treatment For pain relief only			
Endodontics Includes root canal treatment, pulpotomy and apicoectomy			
Fillings Composite and amalgam restorations	Member pays 20%		
General anesthesia or IV sedation Partial or full bony impactions and for those under age 7 (subject to necessity)	after the deductible is met		
Oral surgery Includes surgical extractions, removal of teeth, biopsies, incisions and drainage			
Periodontal maintenance 2 per calendar year (in lieu of regular cleanings)			
Periodontal scaling and root planing Once per quadrant in a 2-year period			
Major services			
Bridges (fixed partial denture) Once within a 7-year period after placement			
Crowns, inlays and onlays Once within a 7-year period after placement		Member pays 50%	
Dental implants Endosteal implants, limited to 1 per tooth per member lifetime	Member		
Dentures (full or partial) Once within a 7-year period	after the dec	luctible is met	
Denture rebase and relines Once within a 3-year period per arch			
Recementing of inlays, onlays or crowns Once within a 7-year period after placement			

Optional services

Orthodontia Optional purchase for groups of 10 or more enrolled employees; limited to under age 26

\$1,000 or \$1,500 lifetime maximum Member pays 50% Deductible does not apply 12-consecutive-month waiting period applies (Waiting period is waived for members with prior dental coverage)

¹Deductible applies to all covered services except where noted. ²Depending on the plan selected. Not all coinsurance combinations are available.

Expressions Rewards and Expressions Rewards ValueCare

\$25/\$750/\$1,500 \$50/\$750/\$1,500 \$25/\$1,000/\$2,000 \$50/\$1,000/\$2,000 \$25/\$1,250/\$2,500 \$50/\$1,250/\$2,500

Member pays nothing

Member pays 20% after the deductible is met

Member pays 50% after the deductible is met

\$1,000 or \$1,500 lifetime maximum Member pays 50% Deductible does not apply 12-consecutive-month waiting period applies (Waiting period is waived for members with prior dental coverage)

Why Regence dental?

An expanded dental network

One carrier for health and dental benefits



Our Utah network is 19% larger in 2024, with over 2,000 unique providers. Our national network access has grown by over 40%, now offering nearly 100,000 unique providers.



A benefits package that includes Regence health and dental plans provides you and your employees with the convenience of joint billing and account management.

Optional orthodontia coverage

Medical-dental integration



Coverage is available if you have 10+ enrolled employees.



Our medical and dental plans work together to help your employees live healthier. Members with eligible medical conditions automatically receive additional dental cleanings at no extra cost.

To learn more, contact your producer or Regence sales representative.



Regence BlueCross BlueShield of Utah is an Independent Licensee of the Blue Cross and Blue Shield Association 23D-REG-0804 REG-110160-23/08-UT-rep110160-23/04 © 2023 Regence BlueCross BlueShield of Utah