



Clinical Practice Guideline

Perinatal Care

Revised / Effective: February 2025

Next Review: January 2027

RECOMMENDATION SUMMARY

The health plan supports the recommendations of the American Academy of Pediatrics (AAP) Committee on Fetus and Newborn and the American College of Obstetricians and Gynecologists (ACOG) Committee on Obstetric Practice *Guidelines for Perinatal Care*. Please refer to the reference listed below for detailed information.

REFERENCE

American Academy of Pediatrics, American College of Obstetricians and Gynecologists. *Guidelines for Perinatal Care*. 8th ed. Elk Grove Village (IL): AAP; Washington, DC: American College of Obstetricians and Gynecologists; 2017.

The above guidelines are proprietary and can be accessed with a member login via ACOG's Clinical Guidelines website: <https://www.acog.org/clinical-information/physician-faqs/-/media/3a22e153b67446a6b31fb051e469187c.ashx>

OTHER RESOURCES

U.S. Department of Veteran Affairs, Veterans Health Administration. VA/DoD Clinical Practice Guideline. Management of Pregnancy, 2023. Washington (DC): Department of Veteran Affairs: https://www.healthquality.va.gov/guidelines/WH/up/VA-DOD-CPG-Pregnancy-Full-CPG_508.pdf

Additional educational materials may be included on the health plan's website.

POSITION STATEMENT

The AAP/ACOG guidelines are supported by the health plan because they are based on scientific evidence, and where evidence is lacking, on panel consensus judgment. The guidelines reflect the current standard of care.

GUIDELINE ADOPTION AND RECOMMENDED USE

This guideline has been adopted based on nationally and locally recognized sources. This guideline is based on the most recent medical evidence at the time of the report or on a consensus of panel experts. The health plan adopts guidelines to help practitioners and members make decisions about appropriate health care for specific medical conditions. Guidelines are not a substitute for professional medical advice.

BENEFIT DETERMINATION

Benefit determinations should be based in all cases on the applicable contract coverage. To the extent that there are any conflicts between these guidelines and the contract language, the contract language takes precedence.

Date of Origin: January 2014