



Regence BlueCross BlueShield of Utah is an Independent Licensee of the Blue Cross and Blue Shield Association

Behavioral Health Utilization Management Concurrent Request Form

This form is used to request continued authorization for inpatient, residential, partial hospitalization program (PHP) or intensive outpatient program (IOP) treatment.

Please submit via email: FAXBHRepository@regence.com or Fax: 888-496-1540.

Today's Date:	Member ID #:	Current Authorization #:
---------------	--------------	--------------------------

Request continued authorization:**Mental Health** level of care requested

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> Inpatient hospital (IP) | <input type="checkbox"/> Residential (RES) | <input type="checkbox"/> Partial Hospital (PHP) | <input type="checkbox"/> Intensive Outpatient (IOP) |
| <input type="checkbox"/> IP - eating dis. | <input type="checkbox"/> RES - eating dis. | <input type="checkbox"/> PHP - eating dis. | <input type="checkbox"/> IOP - eating dis. |

Substance Use Disorder level of care requested

- | | | | | | |
|---------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| <input type="checkbox"/> ASAM 4 | <input type="checkbox"/> ASAM 3.7 | <input type="checkbox"/> ASAM 3.5 | <input type="checkbox"/> ASAM 2.5 | <input type="checkbox"/> ASAM 2.1 | <input type="checkbox"/> Other: _____ |
|---------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|

For PHP & IOP - specify program frequency (# of days per week): _____.

Original Admit Date:	Start Date of Request:	Days Requested:	Estimated Length of stay:
----------------------	------------------------	-----------------	---------------------------

Member information

Member Name:	Member DOB:
--------------	-------------

Facility information No Change See Changes below

Facility name:	Tax ID #:
----------------	-----------

NPI #:	Office Phone #:	Office Fax #:
--------	-----------------	---------------

Physical Address:

Attending physician first and last name:	Attending physician phone #
--	-----------------------------

Who should we call for possible MD review? Name & Phone Number:

Utilization Reviewer Information

UR/Contact Name:	Phone #:	Confidential voicemail <input type="checkbox"/> Yes <input type="checkbox"/> No	Fax #:
------------------	----------	--	--------

ICD-10 diagnoses update. Please indicate primary.

--

**Clinical Update since last review — symptoms, risk factors, functional impairments.
Please provide date of updated clinical information.**

Individual & Family Sessions: (Specify date of last session and session content)

Co-occurring medical / physical illness updates

(Please explain how these are being addressed)

For Eating Disorders: Updated Weight, BMI, Vitals

Not applicable

Updated assessment of American Society of Addiction Medicine (ASAM)

Not applicable

Dimension 1. Acute intoxication and/or withdrawal potential.

Describe: (include vitals and withdrawal symptoms):

CIWA / COWS:

Vitals:

Dimension 2. Biomedical conditions and complications.

Describe:

Dimension 3. Emotional, behavioral, or cognitive complications.

Describe:

Dimension 4. Readiness to change.

Describe:

Dimension 5. Relapse, continued use or continued problem potential.

Describe:

Dimension 6. Recovery living environment.

Describe:

If any ASAM dimensions have moderate or higher risk ratings, how are they being addressed in treatment or discharge planning?

Not applicable

Treatment Plan

Updated treatment goals / Progress toward goals:

Updated treatment interventions:

Updated Medications (Please specify last medication appointment and current medications)

Continued Stay Rationale - be specific about goals to be accomplished.

Discharge Planning

Discharge planner name:

Phone:

Aftercare plan:

Please list any outstanding items needing attention for next review.

Submitted by:

Phone: