



A better way to manage blood pressure, backed by science

Omada helps members with hypertension build healthy habits to reduce their risk of heart disease.









Prevention

Diabetes

Hypertension

with **Behavioral Health** Support

Data-driven care provided by a real care team



- · Health Coach & Hypertension Specialist
- Hypertension-specific peer groups and communities
- Virtual physician appointment¹

Consistent support

250%

Members who complete SMART goals with their care team are 250% more likely to achieve outcomes.²

Support through comprehensive care paths



- Connected digital scale³ & blood pressure monitor
- Personalized proactive recommendations
- SMART goals unique to every member

High member satisfaction

88%

of members are satisfied with the Omada for Hypertension program.⁴

Achievable plans, lasting change



- · Understanding intrinsic motivations
- · Evidence-based techniques
- Long-term health outcomes

Better outcomes

9 pts



On average, members with Stage 2 HTN at baseline lowered their systolic blood pressure by 9 points at 12 months.⁵

1 Physician-Guided Care components of Omada for Hypertension are not part of our standard program offering and are available at an additional charge

2 Omada book of business data from Jul 2020 - Mar 2021. Includes members in Omada's Prevention.

Type 2 Diabetes, and Hypertension programs.

- 3 Dependent on BMI measurement
- 4 Omada BoB May 2019 May 2020
- 5 Population snapshot of Omada member data from May 2019 May 2021; average follow up of 12 months

Actual member outcomes may vary based on individual and demographic factors

Employees deserve better virtual care. Contact your producer or Asuris sales representative.

Omada® is a separate and independent company that provides care and disease management services.