

## Beaverton, OR

Adult Addiction and Mental Health Services



# TOGETHER,

we will help you reclaim your life.



Hazelden Betty Ford

## Welcome to Hazelden Betty Ford.

We are dedicated to helping you reclaim your life by providing an optimal level of clinical care and recovery support to help you get well and stay well. Our treatment services integrate the latest research and evidence-based practices, always leading with the respect and compassion that have set our care apart for decades.

Based on a comprehensive assessment, your care team will develop an individualized treatment plan to meet your unique needs. The plan integrates our core addiction treatment components with specialized services as needed to provide the right level of support, structure and resources at every point of your recovery journey.

#### Level of Care

- High-intensity outpatient program
- Intensive outpatient program
- Low-intensity outpatient program
- Outpatient mental health services

#### **Core Addiction Treatment**

- Group therapy
- Individual therapy
- Educational sessions
- Special-focus groups
- Twelve Step fellowship
- Integrated mental health services
- Spiritual care services

#### **Specialty Care**

- Opioid use disorder (medicationassisted treatment options)
- State-approved DUII Program for information and rehabilitation

#### **Recovery Management and Support**

- Coaching and support for patients
- Coaching and support for families
- Web access to personalized recovery resources
- Mobile apps
- Online recovery communities
- Alumni meetings and events

#### **Other Services**

- Family and children's programs
- Risk Reduction Education Program
- Virtual Services

### REACH OUT TODAY. WE'RE HERE FOR YOU.

Call us today at **800-257-7800** for a free, confidential consultation and to check your insurance benefit coverage or visit **HazeldenBettyFord.org/Beaverton** to learn more.



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