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## Clinical Practice Guideline

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# Management of Heart Failure in Adults

**Revised / Effective:** November 2024

**Next Review:** September 2026

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## RECOMMENDATION SUMMARY

The health plan supports the American College of Cardiology Foundation and the American Heart Association task force guideline for the management of heart failure in adults.

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## REFERENCE

Heidenreich PA, Bozkurt B, et. al., 2022 AHA/ACC/HFSA Guideline for the Management of Heart Failure: A Report of the American College of Cardiology/American Heart Association Joint Committee on Clinical Practice Guidelines. *Circulation*. 2022 May 3;145(18):e895-e1032. doi: 10.1161/CIR.0000000000001063. PMID: 35363499.

Available at: <https://www.ahajournals.org/doi/full/10.1161/CIR.0000000000001063>

## POSITION STATEMENT

The guidelines are supported by the health plan because they are based on scientific evidence, and where evidence is lacking, on panel consensus judgment. The guidelines reflect the current standard of care.

- The panel members are recognized experts in the field, practicing in a variety of professional settings.
- The recommendations are based on a well-defined, comprehensive scientific literature search.
- The methods used to critically appraise the evidence supporting the guideline recommendations are transparent.
- The guidelines clearly state the strength of the evidence for which recommendations are based.
- Sources of funding for guideline development are reported.
- Potential conflicts of interest for individual panel members are reported and managed in the development of the guidelines.

## GUIDELINE ADOPTION AND RECOMMENDED USE

This guideline has been adopted based on nationally and locally recognized sources. This guideline is based on the most recent medical evidence at the time of the report or on a consensus of panel experts. The health plan adopts guidelines to help practitioners and members make decisions about appropriate health care for specific medical conditions. Guidelines are not a substitute for professional medical advice.

## BENEFIT DETERMINATION

Benefit determinations should be based in all cases on the applicable contract coverage. To the extent that there are any conflicts between these guidelines and the contract language, the contract language takes precedence.

*Date of Origin: September 2015*