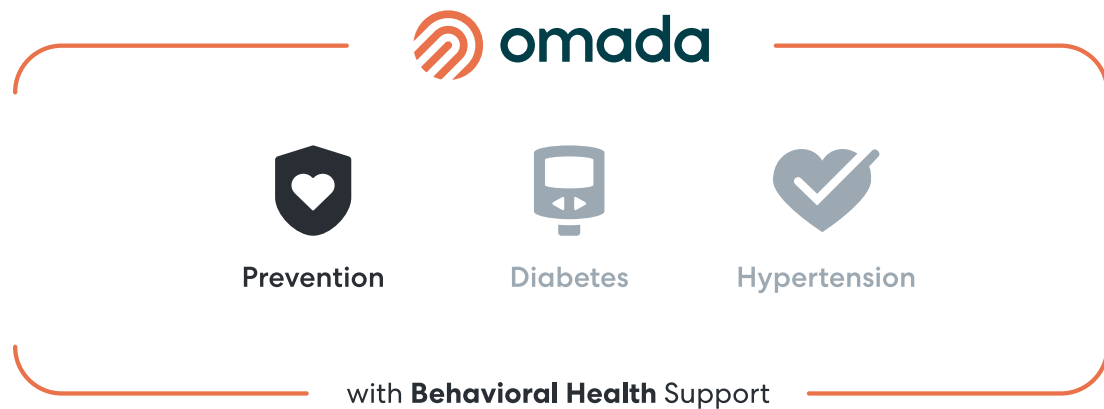


Healthy is *possible*

Omada for Prevention helps members achieve and maintain a healthy weight by closing gaps in care and providing guidance, support, and a plan backed by science.



* Predicts study, November 2017 to April 2020.

** Castro Sweet C, Bradner Jasik C, Diebold A, DuPuis A, Jendretzke B. Cost Savings and Reduced Health Care Utilization Associated with Participation in a Digital Diabetes Prevention Program in an Adult Workforce Population. JHEOR. 2020;7(2):139-147. doi:10.36469/jheor.2020.14529.

*** Sepah SC, Jiang L, Peters AL. Long-Term Outcomes of a Web-Based Diabetes Prevention Program: 2-Year Results of a Single-Arm Longitudinal Study. J Med Internet Res. 2015;17(4). Weight loss and A1c results are from study participants only. Actual weight loss and A1c results may vary based on age, gender and other individual and demographic factors. Participants enrolled in the Omada for Prevention program between January 2016 and March 2017 who completed 9+ lessons lost on average around 4% of their body weight and more than a third lost over 5% after one year in the program.

Comprehensive, personalized care path and team

- Dedicated professional care team or coach
- Continued support throughout the member's journey
- Real-time encouragement within peer groups

Real outcomes

58%

Of participants achieved normal A1C at 12 months in the program*

Care rooted in trust, amplified by data and technology

- Cellular connected scale
- Evidence-based proactive guidance
- Best in Class outcomes

Real savings

\$1,169

In gross annual savings**

Achievable plans designed to deliver lasting change

- Understanding of intrinsic motivations
- SMART goal setting
- Lasting health behavior changes

Real results

4.7%

Average amount of body weight lost after year one***

Ready to put your population back in control of their health? Contact your producer or Asuris sales representative.