Prior Authorization of Chiropractic Services and Physical Medicine

Therapy corePath® Migration

Beginning: March 1st, 2018
What is Therapy corePath®?

We’ve received your feedback and modified our approach.

**Focused on the member**
Authorization strategy emphasizes the unique attributes of a specific member’s condition and any associated complexities.

**Streamlined for providers**
Providers will experience a simplified and consistent prior authorization process that requires only key clinical information.

**Condition-specific approvals**
Visits allocated in accordance with condition severity/complexity, functional loss and confirmation that care is progressing as planned.
Pathway Comparisons: Standard Processing

The following processes **will** remain the same

- ✓ 7 day time frame to request services
- ✓ Authorizations will still reflect the following:
  - ✓ Visits/Units
  - ✓ Specific authorization timeframes
- ✓ Date Extension / Backdate Request Process
- ✓ Login Credentials for the eviCore Portal
- ✓ Authorization for developmental pediatric conditions
- ✓ Authorization for speech therapy
Pathway Comparisons: Initial requests

We’ve received your feedback and modified our approach

Out with the OLD…

• Exam-focused questions with optional functional assessment
• Variability of clinical assessment due to skill, practice patterns, etc.
• Complexity not addressed

in with the NEW…

• Function-based – incorporates clinical, social, ADL factors
• Validated assessments – objective comparison
• Clinical factors that identify more complex cases based on key clinical, chronicity
• Patient severity and complexity established at entry point
Pathway Comparisons: Follow-up requests

We’ve received your feedback and modified our approach

**Out with the OLD…**
- Repeat questions requiring review and comparison to previous clinical picture
- No indication of progress
- Focus on static clinical factors, assessment of treatment effectiveness inferred

**In with the NEW…**
- Re-statement of functional status
- Focus on progress and effectiveness of treatment – ‘dynamic assessment’
- Identify progress – attestation plus functional scale change
- Identify reasons for lack of progress – compliance, re-injury, exacerbation, etc.
Sample Physical Medicine corePath® Pathway

Initial Requests

1. This request is for treatment of:
   - [ ] New condition that has not had previous treatment
   - [ ] An existing condition that has had previous treatment
   - [ ] Unknown

2. Please indicate the primary area of treatment (Choose only one):
   - Lumbar / Lower Thoracic Spine / Pelvis / Sacrum

3. Is there a second area being treated? If so, please indicate below.
   - No second area being treated

Case related questions:

- Identify new care vs. continuing care based on treatment area, not time
- Identify primary area of treatment
- First indicator of complexity – second unrelated treatment area

Dates:

You requested a treatment start date of 06/13/2017

Date of initial evaluation: 06/13/2017
Date of onset of treatment: 06/13/2017
Enter date of current findings: 06/13/2017
Initial Requests, continued....

4. Please enter the Oswestry Disability Index score (in %)
   46

5. Does your patient have radiating pain below the knee?
   - Yes  
   - No   
   - Unknown

6. How many occurrences of low back pain has your patient had in the past 3 years?
   - 1  
   - 2  
   - 3  
   - 4 or more

Submit

Initial clinical questions:

- Enter functional score, if available
  - Oswestry Index
  - Neck Disability Index
  - LEFS
  - Dash / QuickDASH
  - HOOS JR/KOOS JR

- Incorporates ROM, Strength, Pain, etc.

- Complexity:
  - Neural signs
  - Chronicity

High potential for immediate approval when pathway is completed.
Sample Physical Medicine corePath® Pathway

Follow-up request

1. Please enter the Oswestry Disability Index score (in %)
   41

2. Please enter the previous ODI score
   46

3. Does your patient have radiating pain below the knee?
   - Yes
   - No

4. Has your patient progressed as expected?
   - Yes
   - No

Follow-up clinical questions:

- Current and previous functional score
- Complexity question – neural signs
- Progress
  - Validated scores have MCD (minimal clinical difference) as progress indicator
  - Clinical assessment

High potential for immediate approval when pathway is completed.
You indicated that your patient is NOT progressing as expected. Please indicate if any of the following occurred:

- Patient "overdid" activities or exercise resulting in temporary increase in symptoms
- New injury resulting in significant change
- Symptoms progressed despite treatment
- Patient did not participate in clinical visits or home program

Please indicate the nature of the new injury OR overuse incident.

N/A

Lack of progress:
- Categories of explanations
- Used in algorithm to determine care
- Future, additional pathway to identify details
Prior authorization requests

How to request prior authorization:

**WEB**

[www.eviCore.com](http://www.eviCore.com)

*Available 24/7 and the most efficient way to create prior authorizations and check existing case status.*

Web submissions also have a high potential for immediate approval!

Or by:

Phone: (855) 252-1115
7 a.m. to 7 p.m. (Local Time)
Monday through Friday

Fax: 855.774.1319
Sample Physical Medicine corePath® Forms

Worksheets for corePath® are available for:

Physical Therapy

Occupational Therapy

Chiropractic Services
Therapy corePath® Summary

- Elimination of pre-set waivers
- Increased provider satisfaction
- Reduced administrative burden for providers
- Increased opportunity for real-time decisions
- Expanded, member-focused decisions
- Decreased case review turn-around-times
- Patients able to receive the right amount of care in a timely manner
Important Links:

Intake Forms

- PT/OT MSK (includes Hand & Pelvic Health)
- PT/OT Vestibular
- PT/OT Lymphedema
- Chiropractic Services

Continue to use the legacy forms for:

- PT/OT Adult Neurologic

For additional Clinical Worksheets / Intake Forms, Please visit https://www.evicore.com/resources/Pages/providers.aspx
Thank You!

https://www.evicore.com/resources/Pages/providers.aspx